



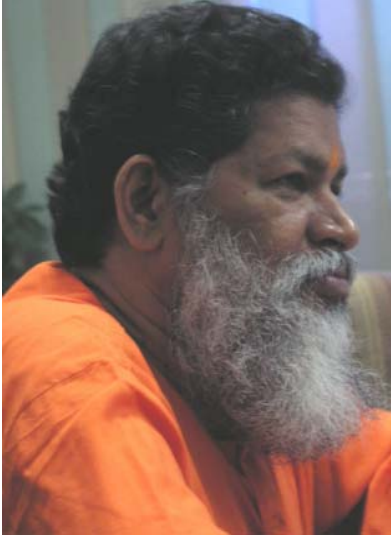
# SAMBODH CENTRE FOR LIVING VALUES

A Project of Sambodh Foundation

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## Swami Bodhananda Saraswati

is highly respected in America and India as an accomplished teacher of Vedanta and meditation. Presently, Swami Bodhananda is the Spiritual Founder and Director of 11 organizations and ashrams under the umbrella of the Sambodh Foundation, New Delhi, India (1991); the Bodhananda Research Foundation for Management & Leadership Studies, Trivandrum, India (1994); &

The Sambodh Society, Inc. (1997), United States of America. Each ashram and/or organization is unique, tailored to the needs, interests and special capabilities of his devotees engaged therein. Through these organizations, and under Swamiji's guidance, his devotees receive scriptural knowledge, spiritual training and perform social service. In America, Swamiji has given numerous public forums, lectures and meditation sessions in Hindu temples, Christian churches, libraries, homes, businesses and universities. His theme has been to infuse modern society with spiritual values and the individual with the knowledge of his/her spiritual identity. For serious-minded students of Vedanta, he has offered more extensive programs, weeklong seminars and annual retreats on specific Upanishads and the Bhagavad Gita. As a keen observer of humanity, Swamiji is quick to absorb cultural nuances and the idiomatic expressions of a region, and his presentations are replete with these observations, language usages and insights. As an avid reader, Swamiji keeps abreast of all that is current and is eager to engage the modern global person. As a master of meditation, Swamiji adeptly blends his personal experience and knowledge of India's ancient wisdom tradition with modern studies in consciousness and psychology.

### When:

6.30-8.00 pm,  
17 December, 2006

### Where:

21, 17th Cross,  
Malleswaram  
Bangalore

### Contact:

Dinesh Kumar  
Tel: 23345649  
Mobile: 9945238441

For private counselling  
with Swamiji take  
prior appointment.

## Evening Lecture on

### THE MEANING OF ENLIGHTENMENT

The physical body is a tiny, infinitesimal speck of dust floating in this vast cosmos; but the whole universe floats in our consciousness. That is the paradox of man, who exists as an intersection between the physical and the spiritual. Enlightenment is when the light inside is realized as the Supreme Light in which thoughts and sensations are known. It is that light that radiates through the senses, encompassing the world. The enlightened one is naturally happy, loving and caring, whose actions are spontaneously "right". Enlightenment is the final fruit of human evolution.

*Source:* Excerpt from a DVD with the same title – Video Discourse given by Swamiji in Kalamazoo

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The Lecture is Free  
Donations for SCLV  
are welcome